

LOS RANCHITOS SHARKS

Newsletter
June 16, 2008
Issue 5

Questions about information in this issue – contact Sharks@lrcc.org

REMINDER – *There will no longer be Tuesday afternoon practices beginning this week.*

Practice Schedule:

MORNINGS:

Advanced	7:00 to 8:30
Intermediate	8:30 to 9:30
Beginner	9:30 to 10:00 Tues/Fri
Clinics	9:30 to 10:00 Mon/Thu

AFTERNOONS:

Mondays/Wednesdays/Thursdays	
Beginner	4:30 to 5:00
Intermediate	5:00 to 5:45
Advanced	5:45 to 7:00
Fridays (No Tuesday afternoon practice)	
Beginner	4:30 to 5:00
Intermediate	5:00 to 5:30
Advanced	5:30 to 6:30

Coaches Corner

Bravo!! Our swimmers on Saturday were incredible. For those of you who are new to the team, you may not know that we have never (in the last 10 years) come close to winning a meet against Westgate. We were actually ahead of Westgate for a good portion of the meet and only lost at the end with a close score of 808 to 765. Our 120 swimmers produced 256 time improvements. Congratulations to all!

Upcoming Meet

This Saturday, June 21, we will be swimming at Los Gatos Swim and Racket Club. LGSRC is located at 14700 Oka Road in Los Gatos. The club phone number is (408)356-2136 and the website is www.lgsrc.com.

Driving Directions to LGSRC

14700 Oka Rd Los Gatos, CA

Take 17 south towards Santa Cruz. Take the LARK AVENUE exit. Turn RIGHT onto LARK AVE. Turn RIGHT onto OKA RD.

Los Gatos uses a different chemical combination to treat their pool, which makes the water in their pool taste salty. Parents of younger swimmers, please explain to your children that the pool will taste different and to be prepared. We have had a few in the past, not wanting to swim in their pool because of the taste, but this is normal for their pool and it is nothing to be bothered by.

All swimmers should arrive by 7:15 am for warm-ups at 7:30. The meet will begin promptly at 8:00 am and swimmers are expected to warm-up. **Upon arrival, each swimmer must check in with Lori Booroojian so that the coaches and fellow relay team members know that the swimmer is present.** If a swimmer becomes ill or for some reason cannot attend the meet as previously scheduled, please send an email to Lori at booroojian@earthlink.net up until 6:00 am the morning of the meet. After 6:00 am, please call 807-6626 and leave a message. We will check messages up until the start of the meet.

Parents need to check in with Laura Conlan upon arrival. Laura will be wearing a pink baseball cap and coordinates all of the work shifts.

In order to keep events running smoothly, please keep an eye on the event board. Swimmers are responsible for getting themselves to the clerk of the course for their events. Parents of young swimmers, please help get your little ones to their events on time. A few swimmers missed their events last Saturday.

Please stay until the end of the meet. Last week there was a Shark vs. Westgate coach/parent relay competition missed by most because everyone left. Don't miss out on seeing your coaches in the water!

Relay Card Distribution

Lori Booroojian will again be coordinating distribution of the relay cards. Thank you to all parents who assisted with the younger relay teams last Saturday. If a swimmer or parent cannot find a swimmer for their relay team, please go back to Lori Booroojian who will coordinate/assist in locating the swimmer or replacing the swimmer with the alternate.

All swimmers should see Lori Booroojian immediately following warm-ups (for the Medley relays) and immediately following their individual freestyle events (for the free relay) to get relay cards. Please don't make her hunt swimmers down. She will be on the pool deck near the clerk of the course at these times.

Ribbons

Ribbons will be available to pick up Monday after the meet in your mail folders.

Lanyards

If your swimmer hasn't yet picked up their lanyard, make sure they see Coach Kristine after practice. The lanyards come with three starter beads in shark colors and a **real shark tooth!** Just a reminder, swimmers can earn additional beads to put on the lanyard in the following ways:

- Purple – Attendance (5X/week)
- Green – Best time
- Yellow – Heat winner
- Red – Team player
- Silver sparkle – Spirit (so let's see some cheer!)
- Blue – Dual Meet 1st place
- Red sparkle – Team record

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It is the swimmer's responsibility to see Coach Kristine following each meet to let her know which beads you have earned. Attendance beads are verified by the sign in sheets, so be sure to sign in at every practice attended. If a swimmer comes to two practices in one day, sign in twice for that day with a "P" between to show two attendances.

Club Reminders

The gate on La Pradera continues to be left open. Everyone on the team should have a key to get in. (If you do not, see Lori Booroojian). Please remain vigilant in keeping this gate closed.

The white curb directly in front of this gate is for loading and unloading only (10 minute maximum). People have been using this space as a parking space, which is not allowed. Please do not park in this area.

Towels

There are a small number of black, embroidered shark logo towels still available for purchase for \$20. Anyone interested in purchasing a towel, please contact Kim O'Brien at kajobrien@hotmail.com or 266-6749.

Shark Store

We have a number of shark items for sale:

Swim Caps – latex \$3, silicone \$10

Shark Logo Tattoos - \$.50

Shark Logo Static Window Clings - \$3.50

Shark Flashing Light Pin - \$3

Ribbon Holder Pages - \$1 each (holds five ribbons)

Please see Maria Garibaldi or Lori Booroojian at practice or the meets. Please do not ask the coaches.

Website

If you haven't already checked out the LRCC web site (<http://www.LRCC.org>) be sure to "click in" some time. It was re-tooled a while back and now has a comprehensive calendar of Events as well as a back issues of the Sharks newsletter, a photo gallery, membership information, printable forms, etc. Some pictures to date: <http://www.lrcc.org/v-web/gallery/sharks2008>.

Anyone with pictures from any meet can send photos to the webmaster on a CD (or via FTP if you know how). If you are interested, send an email to Greg Knepp at webmaster@LRCC.org. Thank Greg Knepp for keeping the site updated for us!

Sleepover Date Change

The sleepover at the pool has been postponed one week and will be held on Saturday, June 28th. Look for more details in your mail folders and on the website.

Swimming Albums

Want help organizing all of your swim team ribbons and photos? Custom swimming albums are available for purchase. Each album will consist of a 2" binder with a Sharks logo and personalized swimmer's name on the front. Inside will be a starter set of 8 ribbon holders and a sheet protector to hold your team picture. The album may be added to in subsequent years. Albums must be pre-ordered (to customize with swimmer's name) and the cost is

\$15. Please place orders in the Garibaldi mail folder. Orders for customized swimming albums are due on June 27th.

Raging Waters Day Tuesday, June 24th

Join your swim team friends for a day of fun at Raging Waters. Purchase your discounted tickets for \$20 (regularly \$26.99) at guest relations that morning (Just mention you are with Los Ranchitos Sharks Swim Team).

Raging Waters is open from 10:30 - 6:00 and is located in Lake Cunningham Regional Park at 2333 South White Rd. There is a \$6 admission fee per car for entrance into the park. No outside food or beverages may be brought into Raging Waters, however, sealed plastic water bottles are allowed. Bags will be inspected upon entrance. Meal tickets may also be purchased at guest relations for \$7.50, which includes a hamburger or hot dog, chips and a soda.

2008 Calendar

6/21	Sharks at Los Gatos
6/24	Raging Waters Day
6/28	Encore at Sharks
6/28	Awards and Team Sleepover at the Pool
7/4	Holiday – no practice
7/5	Sharks – bye (no meet)
7/12	Sharks – bye (no meet)
7/19	Pala Rancho at Sharks
7/24	Pancake breakfast
7/25	Spaghetti Feed
7/26	Championships at Sobrato High School



Under federal anti-spam rules, this is a "relationship" message when sent to current LRCC and Sharks swim team members and a "promotional" message when sent to non-members. To unsubscribe from all LRCC e-mail lists, including the Sharks swim team newsletter, reply to this e-mail with "remove" in the subject line. (LRCC and Sharks swim team members who unsubscribe will no longer receive membership benefits and updates that are announced by e-mail).

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